

2009 Local Ground Rules
13 - 14 – 15 year old
Baseball

The Optimist Clubs of Supper, Cape Fear, Myrtle Grove and Winter Park have concurred and agreed to the following “local option ground rules” for the 2009 baseball season.

*Ball games will be 7 innings of play and/or **1 hour 45 minutes**-which ever occurs first.

***No new inning will start after 1:35 minutes. Losing team will complete their time at bat and may end in a tie.**

There will be a 10 run rule in effect after 4 ½ or 5 innings.

Games will be played @ 6:00 pm and 8:00 pm on game nights.

This bracketed section probably needs to be deleted? Feed back please
(Only the 6:00 games will be given a 10 minute grace period in order to field a team. The 10 minute grace period counts toward game play time.)

***Teams are allowed to start a game with 8 players and/or teams may use loaner players. The 9th position WILL NOT be scored as an automatic out. If a player arrives after the game has started, they may enter the game in the ninth position.**

The designated “Home Team” will be responsible for the official score book. Each team must have at least 3 baseballs available per ballgame for the umpires.

***2009 Rule Change Pertaining to Pitching**

Pitchers can not pitch more than 4 innings per ball game.

Pitchers can not pitch more than 7 total innings per week.

If the pitcher throws 1 more pitch after 3 innings, it counts as an entire inning.

Once a pitcher is removed from the mound, he/she CAN NOT return as a pitcher, but may play any other position.

Mandatory Rest Periods:

Pitch 2 innings – no rest period required

Pitch 3 innings – 1 day rest required

Pitch 4 innings – 2 days rest required

(Managers are responsible for a “pitch count or inning verification” sheet.

Players – All players must play at least 6 outs per ballgames. If the game ends due to the 10 run rule, the players not used must be in the starting lineup at the next scheduled ballgame.

Continuous batting order and free substitutions will be used in all regular season games.

***2009 Rule Change Pertaining to BATS**

13 – 14 – 15 year old division

Batters may use a minus 5 (-5) or minus 3 (-3) bat.

All slides must be LEGAL SLIDES – head first slides are allowed but not encouraged – regular baseball rules.

Ejections-any manager, coach or player ejected during a game will sit out the game in which ejected and one additional game. A second ejection will require the manager and player to meet with the League Commissioners before being allowed to play.

PROTEST – In the unlikely event of a protest (remember we are optimist), the protesting Manager/coach must file a written protest within twenty-four hours of the completed game to *HIS* league commissioner along with a check in the amount of \$25. *That* league commissioner will notify the other *Neutral* commissioner of the protest and ask for a review. If the protest is found to be valid, the submitting manager/coach will re-coupe their protest fee.

